

**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in this Application.

1. (Previously presented) A phenolic antioxidant-chromium complex that is therapeutic for treating hyperglycemia, wherein the phenolic antioxidant has no pro-oxidation activity and wherein the phenolic antioxidant is in a purified tannin fraction of plant origin.

2. (Previously presented) The complex of claim 1, wherein the hyperglycemia is due to a diabetic condition.

3. – 5. (Canceled).

6. (Previously presented) The complex of claim 1, wherein the chromium content in the complex is 0.01 to 20% of the complex.

7. (Previously presented) The complex of claim 6, wherein the chromium content in the complex is from 0.02 to 10%.

8. (Canceled).

9. (Previously presented) The complex of claim 1, wherein the tannin fraction comprises low molecular weight hydrolyzable tannin having a molecular weight below 2,000.

10. (Previously presented) The complex of claim 9, wherein the phenolic antioxidant is from the genus *Phyllanthus*, *Terminalia*, *Gardenia*, *Geranium*, *Erodium* or *Tamarix*.

11. (Previously presented) The complex of claim 9, wherein the hydrolyzable tannin is from *Phyllanthus emblica* (syn. *Emblica officinalis*), *Phyllanthus amarus*, *Phyllanthus flexuosus*, other *Phyllanthus* species, *Terminalia bellerica*, other *Terminalia* species, *Erodium pelargonium*, *Geranium thumbergi*, *Tamarix aphylla* or other *Tamarix* species.

12. (Canceled).

13. (Previously presented) The complex of claim 11, wherein the hydrolyzable tannin is from the *Phyllanthus emblica* fruit.

14. (Previously presented) A phenolic antioxidant-chromium complex that is therapeutic for treating hyperglycemia, wherein the phenolic antioxidant has no pro-oxidation activity and wherein the phenolic antioxidant comprises oxygenated dibenzo- $\alpha$ -pyrone (DBP) or a DBP conjugate and fulvic acid.

15. (Previously presented) The complex of claim 14, wherein the oxygenated dibenzo- $\alpha$ -pyrone (DBP) or DBP conjugate, comprises dimers and oligomers.

16. (Previously presented) The complex of claim 1, in combination with a second phenolic anti-oxidant-chromium complex, wherein the second phenolic antioxidant is in a purified fraction of fulvic acid and phenolic compounds from Shilajit.

17-21 (Cancelled)

22. (Previously presented) A formulation of the complex of claim 1, and a pharmaceutically or nutritionally acceptable excipient.

23. (Cancelled).

24. (Previously presented) The complex of claim 1, further comprising an additional active ingredient.

25. (Previously presented) The complex of claim 24, wherein the additional active ingredient is an antioxidant, vitamin, carnitine, carnosine, N-acetyl-L-cysteine, biotin, polycosanol, aminoguanidine, fatty acid or plant extract, or mixtures thereof.

26. (Previously presented) The complex of claim 7, wherein the chromium content in the complex is from 1 to 8% of the complex.

27. (Previously presented) The complex of claim 1, wherein the molecular weight of the tannin in said tannin fraction is below 1,000.

28. (Withdrawn) A method of treatment for hyperglycemia which comprises administering to a mammal the composition of claim 1.

29. (Withdrawn) The method of claim 28, wherein the hyperglycemia is the result of a diabetic condition.

30. (Previously presented) The formulation of claim 22, wherein the phenolic antioxidant-chromium complex has 10 to 1,000 µg of chromium content.

31-32 (Cancelled)

33. (Previously presented) The complex of claim 14, wherein the oxygenated dibenzo- $\alpha$ -pyrone (DBP), DBP conjugate or fulvic acid is from purified Shilajit.

34. (Previously presented) The complex of claim 1, wherein the phenolic antioxidant-chromium complex has 10 to 1,000 µg of chromium and is combined with a pharmaceutically or nutritionally acceptable excipient.

35. (Withdrawn) The method of claim 28, wherein the composition is administered once or twice a day.

36. (Previously presented) The complex of claim 15, wherein the oxygenated dibenzo- $\alpha$ -pyrone (DBP), DBP conjugate, and fulvic acid are from purified Shilajit.

37. (Cancelled)

38. (Previously presented) The complex of claim 14, wherein the phenolic antioxidant-chromium complex has 10 to 1,000 µg of chromium and is combined with a pharmaceutically or nutritionally acceptable excipient.